

5 pillars Intimacy

Intimacy - a close or warm friendship or understanding personal relationship. Close familiar and affectionate. Deep understanding. Relationship Liberty, privacy. The absence of fences. Belonging together. Fellowship, companionship, personal private. To communicate delicately and directly. Where you feel relaxed and comfortable. Very complete, trusted friend.

From the Latin word Intimate, which means to impress or make familiar. Which comes from another Latin word intimidated. Inmost - identifying someone's heart, thought and spirit.

Strong's definition # 5475. Cowdh or sowdh. Usually rendered as secret. Means cushion couch or pillow or something you recline upon - reclining in God's presence. Settling in, being comfortable. Confidential conversation

Amos 3:7... Surely the Lord God will do nothing, but he revealeth his secret unto his servants the prophets.

In Greek Koionia - participation, partnership, communion, fellowship , sharing

1. In today's culture.. People seem to be increasing in the detachment of intimacy. Out of fear, busyness, or commitment

John 14:8-9 Jesus said to him, *"Have I been with you so long and yet you have not known me, Philip"* - Jesus is encouraging Philip to draw closer.

John 15:15.. Jesus said *"I have called your friends"*

Other examples

Man leave and cleave One Flesh

Johnathon and David

Jesus and John.

Intimacy makes you vulnerable.

Some people are more task oriented naturally.

Don't grow from working with machines and processes. You just work without the need to care...

Great Commandment is John 13:34-35... *A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.* ³⁵ *By this shall all men know that ye are my disciples, if ye have love one to another.*

When we are relating with people I am forced to grow
It can hurt, but that is where you grow/mature

2. Self Centered VS Others Centered

Prov 27:17... *Iron sharpens Iron.*

The more intimate you are... The more painful the sharpening

Intimacy is central In people building..

Without intimacy there is no depth to a relationship.

Intimacy requires... Openness, honesty and unashamed.

How to meet intimacy needs.

V - Value each other. Uplift them, prefer them RM 12:10 make them feel appreciated

A - be Affectionate, tender in words, deed, respect, honor

L - Learn to speak each other's Love Language. Words of Affirmation, Quality Time, Receiving and giving of gifts, acts of service, physical touch.

U - Use Positives. Don't be so critical or try and fix everything, or make a lesson out of it. Remember to communicate the praise not just the problem. Ephesians 4:29

E - Employ a calendar. Get creative... text, fb, Devos etc... Eph 5:16

5 Pillars of Intimacy

